

## "Living from the Heart" – Illuman SoCal Half-Day Gathering presented by the LA Region

When: Saturday, November 18, 2023, 10am-2pm

Where: Gabrielino-Tongva Springs (AKA Kuruvungna Village Springs)

http://gabrielinosprings.com/wpsite/

1439 S. Barrington Avenue LA CA 90025

NOTE NEW LOCATION

What to bring: Camping chairs, hats and warm clothes, drums, open hearts.

Suggested donation: \$20, includes lunch. (No man will be turned away for lack of funds.)

It has been some months since a gathering has been available to all the Illuman brothers in Southern California. Our last was the the Umbrales/MROP we hosted in June. It is time. Next month we will be reflecting on "the heart" as the place where trauma and transcendence can coexist and divine healing can work in us.

Gabrielino-Tongva Springs (AKA Kuruvungna Village Springs) is a 2-acre garden in the southeast corner of a Los Angeles public high school (University High in West LA). It is surrounded by development AND at the same time it is sensibly the place where the local indigenous Tongva people welcomed the Spanish under Portola 250 years ago to their village clustered around artesian springs – springs that still flow and fill ponds inhabited by native fish. In recent years the Tongva and their friends have started to care for the land again and edged the pools with native sedges, rushes, grasses, herbs, shrubs and trees. In addition some remarkable landmark trees planted as long as 90 years ago by the school landscapers shade the site.

The Tongva are welcoming us to share this special place. (Bring your layers in case the weather varies from the likely high 60's/low 70's. In the unlikely\* event of rain, there is a place to take shelter.)

The Springs are only a few turns off the Santa Monica Blvd. Exit of the 405 freeway. Watch closely as you approach the address on Barrington as the driveway goes by quickly. Parking inside the gate is plentiful.

It will be great to be with you!

\* Interesting fact: Only 5 times in the last 115 years has there been significant rain on a Nov. 18.